

# Kingston State School



**BE SAFE**

**BE RESPECTFUL**

**BE A LEARNER**

50 Juers Street, KINGSTON, QLD, 4114, Australia

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**Email:** [principal@kingstonss.eq.edu.au](mailto:principal@kingstonss.eq.edu.au)

**Phone:** 07) 3827 6222

## From The Principal's Desk

Our Family Luau is on tomorrow afternoon Thursday 23rd November from 5:00pm-6:30pm in our school hall. I do hope you are able to join our school community to watch our wonderful students perform. Nibbles and drinks will be available for purchase on the night. The theme is Hawaiian so feel free to join in by dressing up for this occasion.

Next year across all year levels, we will be implementing strategies to support our students with self-regulation. Self-regulation is the ability to understand and manage your behaviour and your reactions to feelings and the things happening around you. It includes being able to: regulate reactions to emotions like frustration or excitement, calm down after something exciting or upsetting, focus on a task, refocus attention on a new task, control impulses and learn behaviour that helps you get along with other people.

Self regulation is extremely important for our students because it enables them to learn at school – for example, self-regulation gives them the ability to sit still and listen in the classroom, behave in socially acceptable ways, make friendships, express emotions like joy and anger in appropriate ways and become more independent because self-regulation gives them the ability to make good decisions about their behaviour and learn how to behave in new situations with less guidance. Self-regulation also allows students to manage stress by learning to cope with any strong feelings and be

able to successfully calm down after getting angry. [http://raisingchildren.net.au/articles/self-regulation\\_children.html](http://raisingchildren.net.au/articles/self-regulation_children.html)

The program we are using to teach our students about self-regulation is called Zones of Regulation. I will be running parent information sessions early in 2018 so stay tuned for dates and times in the new year so you can learn more about this fantastic program and how it can benefit the whole family.

I have previously shared this short story however I believe it is well worth continuing to share it as it demonstrates self-regulation. I initially believed our children would benefit most but on reflection, I also believe as adults, it has a powerful message. Enjoy...

### Reaction Vs Response

"Suddenly, a cockroach flew from somewhere and sat on her. I wondered if this was the cockroach's response to all the glory that was spoken about it! She started screaming out of fear. With panic stricken face and trembling voice, she started doing jumping, with both her hands desperately trying to get rid of the cockroach. Her reaction was contagious, as everyone in her group got cranky about what was happening. The lady finally managed to push the cockroach to another lady in the group. Now, it was the turn of the other lady in the group to continue the drama. The waiter rushed forward to their rescue. In the relay of reaction, the cockroach next fell upon the waiter. The waiter stood firm, composed himself and observed the behaviour of the cockroach on his

shirt. When he was confident enough, he grabbed it with his fingers and threw it out the door.

Sipping my coffee and watching the amusement, the antenna of my mind picked up a few thoughts and started wondering, was the cockroach responsible for their histrionic behaviour? If so, then why was the waiter not disturbed? He handled it near to perfection, without any chaos. It is not the cockroach, but the inability of the ladies to handle the disturbance caused by the cockroach, that disturbed the ladies.

I realized even in my case then, it is not the shouting of my father or my boss that disturbs me, but it's my inability to handle the disturbances caused by their shouting that disturbs me. It's not the traffic jams on the road that disturbs me, but my inability to handle the disturbance caused by the traffic jam that disturbs me. More than the problem, it's my reaction to the problem that hurts me."

**Lessons learnt from the story:** We should not react in life, but rather respond. The women reacted, whereas the waiter responded.

Reactions are always instinctive whereas responses are always intellectual. If we remember to respond we are actually demonstrating self-regulation, an important skill for life's success.

Have a fabulous fortnight.

## Stephanie

Principal

### Year 6

#### End of Year

As the year comes to a close and the Year 6 students prepare for high school it is a timely reminder that the schools rules and expectations are still to be followed. This ensures that the end of the year is enjoyable for everyone involved. The Year 6 students have a busy time ahead with transition days, end of year trips and graduation. If you have any questions please contact your child's teacher for clarification.

Money for the Graduation Dinner is due on the 24/11/17. The dinner is being held at the REC

Club on Wednesday 6th December. Students will be arriving from 5:30pm onwards and will need to be collected at 8.15pm.

The Year 6 Graduation Ceremony will be held on the Wednesday 6th December at 11:30am in the school hall. Students are required to wear full school uniform.

The end of year trip for the Year 6 students will be on Tuesday 5th December. The students will be going to a movie and then a picnic lunch. Students are required to wear full school uniform.

Your support in making the end of year successful to your child's primary schooling is greatly appreciated.

### Deputy Principal Mrs Sian Daley

#### Attendance

"Be THERE" supports the school's emphasis on 'Every student in class learning'. This consistent language is used across the school so that each student understands the high expectation of learning and positive behaviour for learning. If your child is away it is important that you contact the school on **3827 6222** and inform them of the reason for your child's absence.

**Kingston State School's Attendance Target = 92%**

#### Whole of school attendance accumulative

Week 1 = 85.5% (yellow zone)

Week 2 = 87.1% (yellow zone) **improvement**

Week 3 = 87.0% (yellow zone)

Week 4 = 84.5% (red zone)

Week 5 = 84.1% (red zone)

Week 6 = 85.4% (yellow zone) **improvement**

Week 7 = 85.3% (yellow zone)

T e r m 4	Atte dance Week 1	Atte nda nce We ek 2	Atte nda nce We ek3	Atte nda nce We ek 4	Atte nda nce We ek 5	Atte nda nce We ek 6	Atte nda nce We ek 7
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P r e p	85.8%	81.4%	84.7%	81.4%	79.9%	83.1%	79.4%
Y r 1	83.3%	85.7%	85.1%	82.6%	82.5%	85.1%	85.3%
Y r 2	85.1%	88.3%	89.1%	84.5%	86.8%	88.5%	87.4%
Y r 3	84.4%	88.4%	88.2%	88.1%	88.0%	83.9%	85.7%
Y r 4	87.0%	92.0%	86.4%	88.5%	83.4%	86.8%	87.3%
Y r 5	84.3%	86.7%	85.9%	82.7%	80.6%	81.6%	82.9%
Y r 6	88.4%	88.1%	89.9%	88.0%	89.1%	89.4%	89.7%

Find below the tracking of cohort attendance of the lowest day of attendance. Mondays are the days with highest number of absent students. It is vital that our students are at school on Mondays to set them up for success for the week.

Ter m 4	W k 1	Wk 2	W k 3	Wk 4	Wk 5	Wk 6	Wk 7
Pre p	T	M/TH /F	T	M/F	M/T/ F	M/F	F
Yr 1	F	M/TH	T/ W	M/TH /F	M/T/ F	F	M/ W
Yr 2	F	M/F	T	M	M	M/T H	M/ F
Yr 3	F	M/F	T/ W	F	M	M/F	M
Yr 4	T/ F	M	T	F	M/T H	M	M/ F
Yr 5	T/ F	M/W	T	M	M	M	M
Yr 6	F	W	T	M	T	M/F	M

The last few weeks of the year are very important for learning. There are many extra curricula activities that the students will love so we

encourage all families to have their children at school each and every day.

## P&C

### Disco



The Ghost and Ghouls disco was a great night. A massive thank you to all the staff who supported the evening as well as the parents who braved the threat of a storm to bring the children along for a great night. A special thank you to Mrs Taylor who did a wonderful job with the music and dancing.

### Christmas Raffle



The Christmas Raffle tickets are now available to purchase. Some students will bring them home with a pack of 10 to sell. Tickets are \$1 each. Thank you to the community and local businesses for supporting the school. Hon Cameron Dick donated a bike and helmet for second prize. Third prize was donated by VJs Seafood. Tickets will be on sale until the 4th of December. Winners will be drawn on Monday 4th December at the school parade.

## Student Of The Week- Week 7 & Week 8

### 2017 String Soiree Concert

## Instrumental Strings

So much has been achieved this year and we would like to celebrate your child's success by inviting you to attend our String Soiree Concert. Please invite friends and family along as admission is FREE and there will be afternoon tea provided after the concert.

When: Friday 24th November (Week 8)

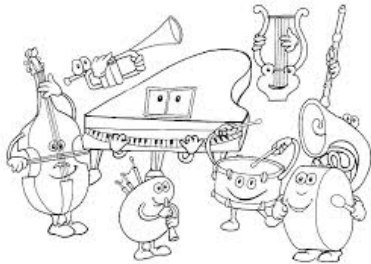
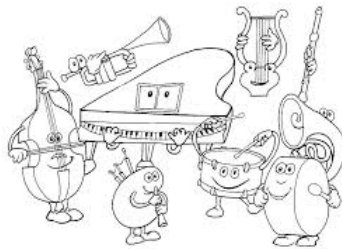
Where: Digital Learning Centre (DLC)

Time: 2:30pm - 3:00pm

See you there

Frank Fodor

Instrumental Strings Instructor



## Positive Behaviour For Learning (PBL)

**PBL Weeks 9 and 10.**

Each week our students are taught specific lessons relating to our three school rules to support their learning: **Be Respectful, Be a Learner and Be Safe.**

To assist us in positive behaviours at school please discuss the fortnightly focus beginning next week 27/11/17 **Using Toilets**

## appropriately

- I use toilets hygienically
- I respect others privacy when using toilets

positive

Let's be

## Sub Way Day Fundraiser

### Subway Day FUNDRAISER

**Wednesday 6<sup>th</sup> December 2017**

This is the **only** food available on this day as the tuckshop will be closed.

**Orders Due – 9.00am on Monday 4 December 2017**



Eagleby Subway will be making Subs on Wednesday 6 December. These are to be **pre-ordered only** with the **CORRECT** money.

If there is an ingredient you don't want in your sub, just cross them out on the order form. Order forms are available from the office or you can download it from the Kingston State School Facebook

Every sub sold a percentage goes to our school!

## Booklist 2018

Ordering Booklist for 2018

Kingston State School access code is **5WT5W**

## Term 4 Calendar

**Kingston State College Orientation Day**



**Orientation Day.**

On Wednesday the 29<sup>th</sup> of November, Kingston State College is having an orientation day for all Year 6 students who have enrolled for 2018.

This is a chance to get to know your teachers, find out who your classmates will be and to learn about our school and all of the exciting things you will be doing next year.

Students who have enrolled will be getting their invites soon. So if you have not enrolled yet but you would like to attend or if you have any questions please contact Kingston State College office or visit our website.

Phone: (07) 3826 1333

Email: [enrolments@kingstonsc.eq.edu.au](mailto:enrolments@kingstonsc.eq.edu.au)

Web site:

<https://kingstonsc.eq.edu.au/Enrolments/Pages/Enrolments.aspx>